

How to improve your game besides playing in the club a lot?

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Ideas for tools and methods on how to improve your game when you are not a natural bridge player

Define your general goal

Define your your weaknesses

Experts advice on how to improve your game:

- ❖ Play a lot
- ❖ Read a lot
- ❖ Focus
- ❖ Find optimal partners

Play a lot, play up, understand in detail what happened and what should have happened on every deal!

Use computer programs to practice certain aspects of the game

Eddie Kantar

Mike Lawrence

Marty Bergen etc.

Bridge Master 2000

Bridge Baron or Jack

Keep a journal to get an idea of progress

Use BBO as a teaching tool

Play with your partner against good opponents.

Play at a teaching table with a teacher - this is an *amazingly* productive teaching environment

Playing Matchpoint Robot Tournaments *can* be productive

Use the count drill program... <http://bbi.bridgebase.com/game/game.html>

It is hard to see progress when you learn Bridge, one way is to keep record of your mistakes...

Keep a record of your progress

Read a lot....

Bridge Bulletin and Bridge World

I use old Bridge Calendars for reading material e.g. www.bridgeclues.com/store/index.html

Additional learning tools

Create your own learning tools

Flash cards

Notebooks

Focus

Meditating

Try not to socialize before a game/session

Created "mantras" for my game: just this deal, bidding and lead, trump distribution etc.

Posit Science www.positscience.com (I use the program InSight)

Find the best possible partner

Make sure that you and your partner are on the same trajectory of learning and improving.

Find someone that is better than you are

Consider hiring a teacher

Make a list of specific goals

Once in awhile, play down....

Everybody needs the feeling of elation and success ever so often...